



The Gap State School
Physical Education Program / Friday Sport /
Representative School Sport Pathways

HPE Teacher / Sports Co-ordinator - Ola Singh

Curriculum - Physical Education Program

- 30 minutes PE lesson each week for all students in Year 4-6
- The HPE National Curriculum is divided into two components
 1. Health - delivered by Classroom Teacher
 2. Movement - delivered by PE Teacher
- Year at a glance
 - Term 1 - Water Safety and Swimming Program - focus on swimming strokes
 - Swim-a-thon
 - Term 2 - Athletics
 - TGSS Inter-House Cross Country Year 4-6
 - TGSS Inter-House Athletics Carnival
 - Term 3 - Ball Sports
 - Term 4 - Water Safety and Swimming Program - focus on Water Safety / Survival **Swimming**
 - TGSS Inter-House Swimming Carnival



Friday Sport

- North West District Inter-School Friday Sport Semester 1 - fees calculated on travel, coaching and equipment charges. School based Friday afternoon sport - semester 2, no charge.
- All Year 4-6 students participate.
- TGSS is committed to providing meaningful sporting opportunities - both competitively and socially.
- Online registration provides students and families opportunities to select a sport. Try something new!
- Semester 1 Sport... TYPICALLY includes:
 - Soccer - Netball - Water polo - Tennis - Volleyball and Touch football.
 - Soccer - Netball - Touch Football and Water Polo have compulsory team training for all participants.
 - Mouthguards are required for Water Polo
 - Shin Pads are required for Soccer.
 - Costs cover bus travel, coaches and equipment purchase and repairs.
- Semester 2 - School Based Friday Sport TYPICALLY includes:
 - Soccer - Netball - Basketball - Volleyball - Touch Football - Movement & Dance - Handball - Water Polo.



Representative School Sport Pathways

- Available to students aged 10 -12 Years
- North West District (NWD) - 22 primary schools and 7 high schools
- Students attending NWD Trials are selected by skill level displayed at the trials.
- Sports include ... Swimming, Cross Country, Athletics, Triathlon, Aquathlon, Basketball, Netball, AFL, Rugby League, Rugby Union, Hockey, Squash, Tennis, Cricket, Golf.
- Schools - are limited in the number of students who can attend the NWD trials (eg. 3-5 students per school). Initial skill assessments may be required for some sports to be completed at school by the PE teacher to determine which students attend.
- NWD Team sports - are combined age groups 10-12 Years.
- NWD Swimming - Cross Country and Athletics trials students compete according to year of birth.
- Students attending District Carnivals - are expected to meet district qualifying standards / expectations in addition to placing top 3 at TGSS Inter-house carnivals.
- NWD Team competes at the Metropolitan North Regional Trials - Regional Team selected.
- Met North Team competes at the Queensland School Sport State Championships - Queensland Team selected.
- Qld Team competes at the Australian School Sport National Championships
- In previous years TGSS had a student compete at the National Championships for Track and Field





REPRESENTATIVE SCHOOL SPORT 2024 MEETING & TRIAL DATES



*NWD trial venues are subject to change.

To be eligible for Trials, students are born in 2014-2013-2012

SPORT	TGSS MEETING / TRIAL DATE	TGSS MEETING / TRIAL LOCATION	TIME	NWD TRIAL DATE	NWD TRIAL VENUE	MET NORTH TRIAL DATE
SWIMMING	Tuesday, 23 January	Pool	First Break Easting Time (10:50 am)	Thursday, 8 February	Marist College, Ashgrove	Monday, 26 February
TOUCH BOYS	Monday, 29 January	Pool	First Break Easting Time (10:50 am)	Monday, 12 February	Leslie Patrick Park Arana Hills	Monday, 11 March
TOUCH GIRLS	Monday, 29 January	Pool	First Break Easting Time (10:50 am)	Monday, 12 February	Leslie Patrick Park Arana Hills	Monday, 11 March
BASKETBALL	Tuesday, 30 January	Pool	First Break Easting Time (10:50 am)	Tuesday, 13 February	Southpine Indoor Sports Centre, Brendale	Tuesday, 12 March
AFL BOYS	Monday, 5 February	Pool	First Break Easting Time (10:50 am)	Thursday, 22 February	Ferny Falcons	Wednesday-Thursday, 27-28 March
AFL GIRLS	Monday, 5 February	Pool	First Break Easting Time (10:50 am)	Thursday, 22 February	Ferny Falcons	Tuesday, 26 March
NETBALL	Monday, 12 February	Pool	First Break Easting Time (10:50 am)	Tuesday, 27 February	Southpine Indoor Sports Centre, Brendale	Monday, 25 March
RUGBY LEAGUE BOYS	Monday, 12 February	Pool	First Break Easting Time (10:50 am)	Thursday, 29 February	West Arana RLFC	Wednesday-Thursday, 1-2 May
SOCCER GIRLS	Tuesday, 13 February	Pool	First Break Easting Time (10:50 am)	Tuesday, 5 March	Pine Hills Soccer	Wednesday, 8 May
SOCCER BOYS	Tuesday, 13 February	Pool	First Break Easting Time (10:50 am)	Wednesday, 6 March	Pine Hills Soccer	Wednesday, 8 May
HOCKEY	Friday, 16 February	Pool	First Break Easting Time (10:50 am)	Thursday, 7 March	Burringbar Park, Chermside	Thursday, 18 April
TENNIS	TBA			Monday, 22 April	The Gap Tennis Club	Tuesday, 30 April
RUGBY UNION	TBA			Wednesday, 24 April	Marist College, Ashgrove	Wednesday, 22 May
CROSS COUNTRY	18 April (TGSS Carnival)	GPS Ashgrove	9:00 AM 1:05 PM	Monday, 29 April	Teralba Park	Tuesday, 21 May
GOLF	TBA			Direct MN Nomination	No NWD Trial	Monday, 11 March
SQUASH	TBA			Direct MN Nomination	No NWD Trial	Tuesday, 26 March
RUGBY LEAGUE GIRLS	TBA			Tuesday, 18 June	TBC	Tuesday, 16 July
SOFTBALL	TBA			Direct MN Nomination	No NWD Trial	Tuesday, 11 June
Track & Field	TGSS Carnival	TGSS Oval	8:50-2:50PM	Tuesday, Thursday, Friday, 23 & 25-26 July	Marist College, Ashgrove	Tuesday-Wednesday, 20-21 August
CRICKET Boys	TBA			Thursday, 15 August	Valleys Cricket Club TBC	Tuesday-Wednesday, 27-28 August
Cricket Girls				Thursday, 15 August	Valleys Cricket Club TBC	Thursday, 29 August



Running Club

- Students in Years 2 - 6 who have genuine passion for running have the opportunity to be involved in our Running Club Program
- When - Wednesday 7:50AM - 8:20AM
- Where - TGSS Oval
- What to wear - Appropriate running footwear and apparel.
- What to bring - Water bottle
- 2024 Running Club consent forms will be in the week 3 Gazette.
- Running club will begin in week 5, Wednesday 21 February.

Families are notified through school communications such as Gazette for planned cancellation of running club. E.g. due to management duties for district teams.

Please check social media “School Facebook Page” for any unexpected cancellations.

A roll is marked. Parents are asked to email Mrs Singh if they are not attending that morning.

Thank you for your understanding and support.

Questions

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